

Integrative Practitioners Contact list

1. Synexa

Gut dysbiosis and food intolerance laboratory
Tygerberg Hospital
Prof Patrick Bouic- Immunologist
Tel no.021 9339582

2. Massage and Lymph drainage therapists:

Southern Suburbs: Caroline Hoffman
Tel no.021 5314565

Northern Suburbs: Rika Smuts
Tel no.021 9752051
or Elsabe 021 9100585

3. Integrative doctors:

Dr Tina Malan(GP in Panorama GVI Oncology) -021 9307602
Prof Patrick Bouic (Immunologist Tygerberg) -0219339582
Dr Helen Muir (GP Northern Suburbs) - 0219141640

Or contact the South African Society of Integrative Medicine for a doctor in your area:

lucia@integrativemedicine.co.za

4. Nutritional therapists:

Sally- Ann Creed (Southern Suburbs) 0217943052
Chantal Meijer (Southern Suburbs) 0828075527
Frances van Heerden (0799996821)

5. Clinical Hypnosis Psychologists

Southern Suburbs: Jeffrey Rink
Tel no.021 7902573
Northern Suburbs: Dr James de Villiers
Tel no.021 5596400/1

6. Mindfulness Meditation

Dr Simon Whitesman(Cape Town Mediclinic)
Tel no.021 4806177

7. Holistic dentist

Dr Mo Karodia (Claremont)
Tel no.021 6744581